

The professional model of a work psychology protocol adaptable to physical rehabilitation

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Background: besides the proper medical treatment of patients who have suffered traumatic or overuse injuries on or off the job and who are in their active ages with the capacity for working, the fostering of employment adapted to capacities, is also an important field of the medical, psychological, and social rehabilitation.

The steps of professional protocol of work psychology

1. The aims of the activity: selection of the education.

- career direction (vocational orientation)
 - formational, re-training fields (career correction)
 - choice of the achievable work field
- taking in consideration the state of health, interests and motivations

2. Tasks to realize.

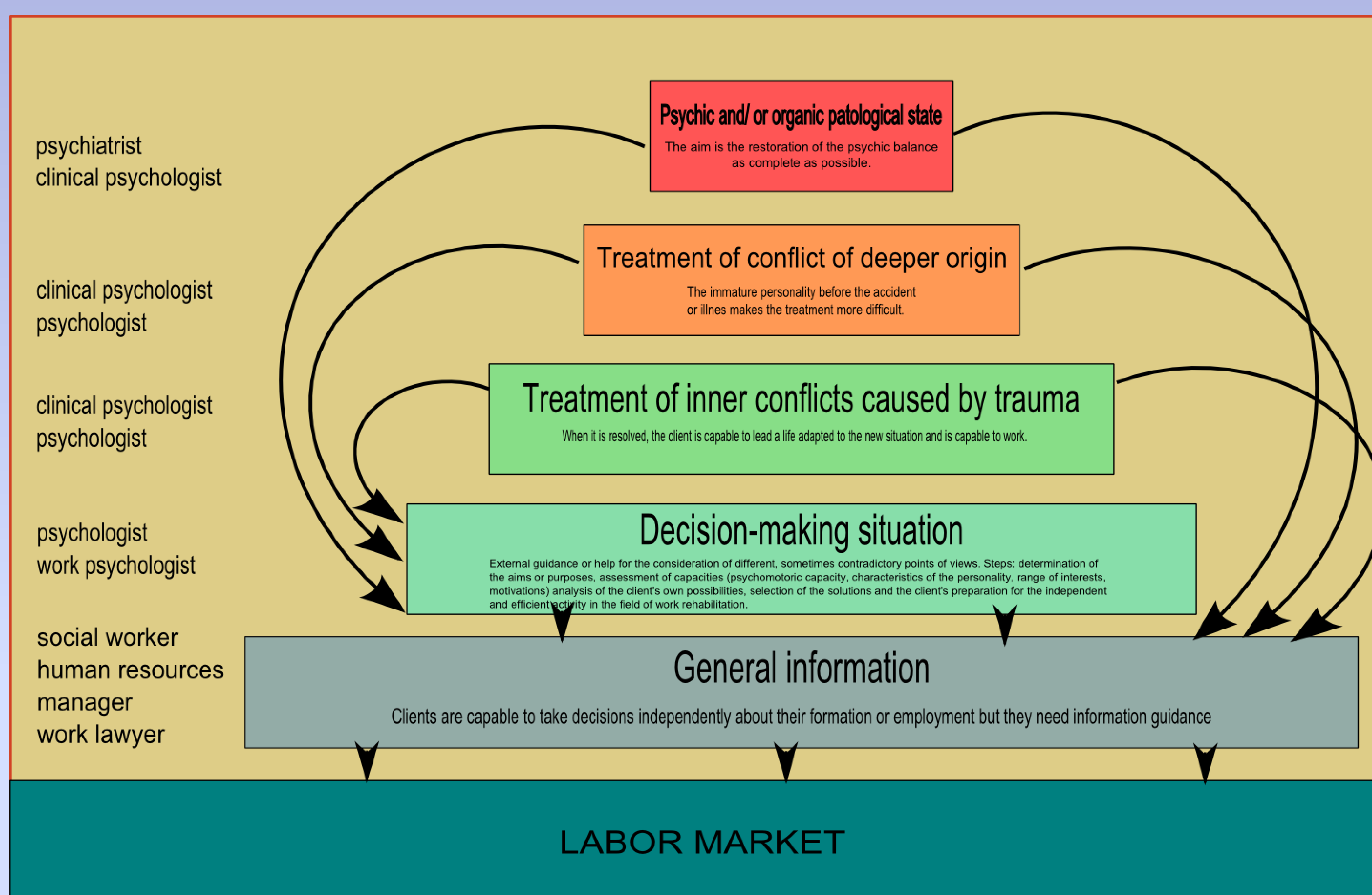


Figure 1. Tasks of different specialists according to the mental and psychic condition of the patient.

3. Professional frame.

To hold a position in the field of work rehabilitation it is necessary to have a qualification of professional work psychologist.

4. The methods of professional work.

Tests used in everyday practice:	
With ICPM (International Classification of Procedures in Medicine) code	Without ICPM code:
¹ Intelligence tests: Raven (19301), OTIS I. (19303), OTIS II. (19304), MAWI (19381) ² Personality tests: Rorschach (19322), TAT (19323), MMPI (1932M), CPI (1932N) Other tests: Benton (1930C), PFT (19324), Wartegg (1932D), Révész-Nagy (19331), Pieron (19332), d ² (19333), Hamilton anxiety scale (19354) and depression scales: Hamilton (19353), Zung (19355), Beck (19356)	Miller test, NST (Neigung Struktur Test - Inclination Structure Test) Instrumental examinations: distributive attention test, simple reaction time measuring, selectional reaction time measuring, measuring of learning skills. Motivational questionnaire Super's work value questionnaire Riccosay's examination of finger skillfulness Logical pyramid

Table 1. Means applied in psychodiagnosis and aptitude tests.

5. Legal and ethic frames.

Work psychologists act according to the guidelines prescribed by the Professional Ethic Codex of Psychologists.

Conclusion – The professional protocol can be adapted to all the fields of rehabilitation (medical rehabilitation, human resources, social area).

Other tasks:

- Adaptation of uniform examination methods
- Extension of ICPM codes
- Active working relationship among the doctors, social workers and psychologists
- Education in the fields of basic and special formation (formation of doctors, psychologists, social workers, and human resources experts)
- Constant following and help of the client in case of necessity. It is necessary to connect the non-professional sphere in the process of rehabilitation.

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